



HiPP Growing up milk 3 powder

Growing up milk from 1 year onwards as part of a mixed diet.

Nutritional information

	per 100 ml	per 100kcal
Macronutrients		
Energy kJ	215	307
kcal	51	100
Protein g	1.9	3.7
Whey: Casein	20:80	20:80
Carbohydrate g	5.0	9.8
of which sugars g	5.0	9.8
of which lactose g	4.8	9.4
Fat g	2.5	4.9
of which saturated g	0.8	1.57
of which unsaturated g	1.7	3.33
Linoleic acid g	0.5	0.98
Linolenic acid g	0.05	0.10
Fibre (GOS)g	0.6	1.18
Salt g	0.05	0.10
Vitamins		
Vitamin A µg	36	70.6
Vitamin D µg	1.7	3.3
Vitamin E mg	0.6	1.18
Vitamin C mg	6.7	13.1
Riboflavin (B2) mg	0.18	0.35
Vitamin B12 µg	0.4	0.78
Biotin µg	3.6	7.06
Minerals		
Sodium mg	20	39
Potassium mg	155	304
Calcium mg	130	255
Phosphorus mg	77	151
Magnesium mg	12	23.5
Iron mg	1	1.96
Iodine µg	25	49

Osmolarity	255mOsmol/l
Potential renal solute load	194.8mOsmol/l

These nutritional values are subject to the normal variations that occur in products based on natural ingredients.

Ingredients

skimmed **milk**, vegetable oils (palm oil, rapeseed oil, sunflower oil), **lactose**, galacto-oligosaccharides from **lactose**, potassium citrate, calcium salts of orthophosphoric, calcium salts of citric acid, magnesium sulphate, vitamin C, ferrous sulphate, stabiliser lactic acid, vitamin B2, vitamin E, vitamin A, potassium iodate, biotin, vitamin D, vitamin B12.

Allergens: see ingredients in **bold**

Indications

HiPP Growing up milk 3 is intended for use from 1 year onwards as part of a mixed diet, when moving on from breastfeeding or another formula milk.

Contra-indications

- Not suitable for intravenous use.
- Not suitable for cows' milk protein allergy
- Not suitable for lactose intolerance
- Not suitable for vegetarians.

Preparation

HiPP growing up milk 3 is available in both powder and ready-to-feed liquid formats (see separate data card). The powdered product requires mixing with cooled boiled water, which should be measured into a clean beaker; a cup or beaker should be introduced as soon as possible to prevent prolonged/frequent contact of teeth with milk feeds which may increase the risk of tooth decay. Temperature of the milk should always be tested before feeding. All HiPP products carry preparation instructions on the packaging.

Scoop weight – approx. 3.6g

Standard dilution – 10.9g (3 scoops) + 90ml water (10.9% dilution)

Pack format and product code

HiPP growing up milk 3 powder is available in 600g powder packs and 250ml ready to feed bottles. (See separate data cards for the powdered product).

Product code: Hipp Growing up milk 600g powder- **GB2079.01**

Storage

Store in a cool, dry place and at room temperature, out of direct sunlight.

Important notice: Breastfeeding is best for babies. HiPP growing up milk is intended for use as part of a mixed diet and should not be used as a breastmilk substitute before this age.

For any further information please contact:

HiPP UK Ltd., Hurst Grove, Sandford Lane, Hurst, Reading, Berkshire RG10 0SQ

• Telephone: 0845 050 1351 • Fax: 0118 960 2103 • www.hipp.co.uk

August 2019