



## HiPP Organic Growing up milk 3 - 250ml Ready to feed bottle

Follow on milk for toddlers from the 12th month onwards as part of a mixed diet.

### Nutritional information

	per 100 ml	per 100kcal
<b>Macronutrients</b>		
Energy kJ	277	420
kcal	66	100
Protein g	1.9	2.9
Whey: Casein	20:80	20:80
Carbohydrate g	8.3	12.6
of which sugars g	8.3	12.6
of which lactose g	8.1	12.3
Fat g	2.7	4.1
of which saturated g	1.0	1.5
of which unsaturated g	1.7	2.6
Linoleic acid g	0.5	0.76
Linolenic acid g	0.08	0.12
Fibre (GOS)g	0.5	0.76
Salt g	0.08	0.12
<b>Vitamins</b>		
Vitamin A µg	70	106
Vitamin D µg	1.3	2.0
Vitamin E mg	1.2	1.8
Vitamin K µg	5	7.6
Vitamin C mg	10	15
Thiamin (B1) mg	0.06	0.09
Riboflavin (B2) mg	0.18	0.27
Niacin mg	0.65	1.0
Pantothenic Acid mg	0.45	0.68
Vitamin B6 mg	0.04	0.06
Folic Acid µg	20	30
Vitamin B12 µg	0.2	0.3
Biotin µg	1.5	2.3
<b>Minerals</b>		
Sodium mg	30	45
Potassium mg	80	121
Chloride mg	60	91

	per 100ml	per 100kcal
Calcium mg	70	106
Phosphorus mg	50	76
Magnesium mg	6.8	10.3
Iron mg	1.1	1.7
Zinc mg	0.7	1.1
Copper µg	35	53
Manganese µg	7.0	10.6
Fluoride µg	<10	<15
Selenium µg	2.0	3.0
Iodine µg	15	22.7
<b>Amino acid composition</b>		
L-lysine		7.9
L-arginine		3.2
L-cysteine		<1.1
L-isoleucine		4.9
L-leucine		9.5
L-methionine		2.3
L-phenylalanine		5.8
L-histidine		2.9
L-threonine		5.1
L-tryptophan		1.4
L-tyrosine		5.3
L-valine		7.3
L-alanine		3.5
L-aspartic acid		7.8
L-glutamic acid		20.9
Glycine		2
L-proline		9.3
L-serine		5.5
<b>Osmolarity</b>		361mOsmol/l
<b>Osmolality</b>		348mOsmol/kg
<b>Potential renal solute load</b>		175mOsmol/l

These nutritional values are subject to the normal variations that occur in products based on natural ingredients.

## Ingredients

Organic semi-skimmed **milk**, organic partially demineralised **whey**, water, organic **lactose**, organic vegetable oils (organic sunflower oil, organic rapeseed oil), organic galacto-oligosaccharides from organic **lactose**, emulsifier organic lecithins, vitamin C, potassium hydroxide, sodium citrate, ferrous sulphate, magnesium sulphate, zinc sulphate, potassium iodide, vitamin E, sodium selenite, niacin, pantothenic acid, vitamin B1, vitamin A, cupric sulphate, vitamin B6, folic acid, manganese sulphate, vitamin K, vitamin D, biotin, vitamin B12.

Allergens: see ingredients in **bold**

## Indications

HiPP Organic Growing up milk 3 is intended for use from the 12<sup>th</sup> month onwards as part of a mixed diet, when moving on from breastfeeding or another formula milk.

## Contra-indications

- Not suitable for intravenous use.
- Not suitable for cows' milk protein allergy
- Not suitable for lactose intolerance
- Not suitable for vegetarians.

## Preparation

All HiPP Organic products carry preparation instructions on the packaging.

Before feeding the HiPP Organic growing up milk 3, check best before date and shake plastic bottle well. Remove plastic lid and gently squeeze bottle to check if foil seal is intact. Pour required amount of milk into a bottle or feeding cup. A cup or beaker should be introduced as soon as possible to prevent prolonged/frequent contact of teeth with milk feeds which may increase the risk of tooth decay. Feed at room temperature or warm if desired (check temperature before feeding). For hygiene reasons, discard unfinished milk as soon as possible and always within 2 hours.

## Pack format and product code

HiPP Organic Growing up milk 3 is available in 250ml ready to feed bottles and in a powdered format (see separate data cards for the powdered product).

Product code: Growing up milk 3 - 250 ml ready to feed - **GB2200.50**

## Storage

Store in a cool, dry place and at room temperature, out of direct sunlight.

**Important notice:** Breastfeeding is best for babies. HiPP Organic growing up milk is intended for use from the 12th month as part of a mixed diet and should not be used as a breastmilk substitute before this age.

*For any further information please contact:*

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