

## HiPP Organic good night milk

A unique follow-on milk drink intended for babies and young children from 6 months to 3 years as a suitable alternative to a standard follow-on milk feed once a day at bedtime.

A blend of organic follow-on milk and gluten free cereals (rice and buckwheat), enriched with iron, calcium and vitamins, this is a creamy, satisfying milk drink for use once a day.



### Nutritional information

	Per 100g	per 100 ml	per 100kcal
<b>Macronutrients</b>			
Energy kJ	2087	292	420
kcal	499	70	100
Protein g	11.3	1.6	2.3
Whey: Casein	20:80	20:80	20:80
Carbohydrate g	57.2	8.0	11.5
of which sugars (lactose) g	35.8	5.0	7.2
of which starch g	20.2	2.8	4.0
Fat g	24.9	3.5	5.0
of which saturated g	8.3	1.2	1.7
of which unsaturated g	16.6	2.3	3.3
Linoleic acid g	4.4	0.6	0.9
Linolenic acid g	0.5	0.07	0.1
Fibre g	0.2	<0.1	<0.1
Salt g	0.35	0.05	0.07
<b>Vitamins</b>			
Vitamin A µg	510	71	102
Vitamin D µg	8.3	1.2	1.7
Vitamin E mg	8.6	1.2	1.7
Vitamin K µg	41	5.7	8.2
Vitamin C mg	81	11	16.2
Thiamin (B1) mg	0.51	0.07	0.1
Riboflavin (B2) mg	0.75	0.11	0.15
Niacin mg	4.6	0.64	0.92
Pantothenic Acid mg	3.6	0.5	0.7
Vitamin B6 mg	0.53	0.07	0.1
Folic Acid µg	90	13	18
Vitamin B12 µg	1.33	0.19	0.27
Biotin µg	18	2.5	3.6
<b>Minerals</b>			
Sodium mg	140	20	28
Potassium mg	535	75	107
Chloride mg	335	47	67
Calcium mg	560	78	112
Phosphorus mg	335	43	67

	Per 100g	per 100ml	per 100kcal
Zinc mg	5.0	0.7	1.0
Copper mg	0.28	0.039	0.056
Manganese mg	0.17	0.023	0.03
Fluoride µg	<0.07	<0.01	<0.01
Selenium µg	10	1.4	2.0
Iodine µg	77	11	15
Magnesium mg	54	7.6	10.8
Iron mg	5.0	0.7	1.0
<b>Amino acid composition</b>			
		<b>g/100g protein</b>	
L-lysine	8.6		
L-arginine	3.5		
L-cysteine	1.0		
L-isoleucine	5.3		
L-leucine	10.0		
L-methionine	2.3		
L-phenylalanine	4.8		
L-histidine	2.7		
L-threonine	4.8		
L-tryptophan	1.7		
L-tyrosine	4.3		
L-valine	6.3		
L-alanine	3.7		
L-aspartic acid	7.9		
L-glutamic acid	20.0		
Glycine	2.0		
L-proline	8.5		
L-serine	5.2		
<b>Osmolarity</b>		218mOsmol/litre	
<b>Osmolality</b>		212mOsmol/kg	
<b>Potential renal solute load</b>		146mOsmol/litre	

These nutritional values are subject to the normal variations that occur in products based on natural ingredients.

## Ingredients

Organic skimmed **milk**, organic vegetable oils (palm oil, rapeseed oil, sunflower oil), organic corn starch, organic **lactose**, organic **whey** partially demineralised, organic rice-buckwheat flakes, mineral mix (calcium carbonate, potassium chloride, ferrous sulphate, zinc oxide, copper sulphate, manganese sulphate, zinc sulphate, potassium iodate, sodium selenite), vitamin mix (vitamin C, niacin, vitamin E, pantothenic acid, vitamin A, thiamin (vitamin B1), vitamin B6, riboflavin (vitamin B2), folic acid, vitamin K, vitamin D, biotin, vitamin B12], L-tryptophan.

Allergens: see ingredients in **bold**

## Indications

HiPP Organic good night milk is a unique follow-on milk drink intended for babies and young children from 6 months to 3 years as a suitable alternative to a standard follow-on milk feed once a day at bedtime. A blend of high quality organic follow-on milk and organic gluten free cereals (rice and buckwheat), enriched with iron, calcium and vitamins, this is a creamy, nutritious, satisfying milk drink for use at the end of the day. Hipp Organic good night milk meets all the compositional criteria required by law.

## Contra-indications

- Not suitable for intravenous use.
- Not suitable for cows' milk protein allergy
- Not suitable for lactose intolerance
- Not suitable for vegetarians

N.B. As it may contain traces of soya, HiPP Organic Good night milk may not be tolerated if there is a soya protein allergy.

## Preparation

HiPP Organic good night milk is available in a powdered form which requires mixing with boiled water cooled to no less than 70 degrees C, then further cooled before feeding to babies. It can be administered from a bottle or feeding cup as appropriate. All HiPP Organic products carry preparation instructions on the packaging.

Scoop weight – approx. 4.7g

Standard dilution – 14.0g (3 scoops) + 90ml water (14% dilution)

## Pack format and product code

HiPP Organic good night milk powder is available in tins containing 350g powder.

Product code: **GB2091.61**

## Storage

Tins should be stored in a dry place at room temperature; do not refrigerate, and use contents within three weeks of opening.

**Important notice:** Breastfeeding is best for babies. HiPP Organic good night milk is intended for use after 6 months of age, once a day only, as part of a mixed diet and should not be used as a breastmilk substitute before this age. The decision to start weaning, including the introduction of a follow on milk before 6 months of age, should only be made on the advice of a health professional, based on the individual infant's specific nutritional needs.

*For any further information please contact:*

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