



Nutritional Information

Aug-19

Please note: This product sheet contains information correct at time of publication. However, recipes may change so always check product packaging for the latest information.

Variety	Format size	Values per 100g								
		Energy		Fat	of which Saturates	Carbo-hydrate	of which sugars	Fibre	Protein	Salt
		kJ	kcal	g	g	g	g	g	g	g
Stage 1 Dried Breakfast Cereals—from about 4 months (values for dried product as sold)										
HiPP Organic Baby Rice	160g	1608	379	0.7	0.1	81.5	0.3	1.4	7.3	<0.05
Hipp Creamy Rice & Apple Breakfast	160g	1843	437	11.8	4	67.9	30.1	2.6	13.6	0.6
Stage 1 Dried Breakfast Cereals—from about 6 months (values for dried product as sold)										
Hipp Creamy Porridge	160g	1854	440	12.1	3.6	66.7	35.1	2.6	14.8	0.65
Hipp Fruity Porridge	160g	1844	438	12	4	68.2	31.6	2.2	13.1	0.5
Stage 1 Breakfast Jars—from about 4 months										
Banana Breakfast	125g	299	70	0.2	0	15.7	9.9	0.9	1	<0.05
Stage 1 Breakfast Jars - from about 6 months										
Creamed Breakfast Porridge	125g	270	64	2.5	1.4	7.8	2.8	0.3	2.5	0.08
Banana Yogurt Breakfast	125g	292	69	1.1	0.7	13	7	0.6	1.5	0.05
Stage 1 Dessert Jars—from about 4 months										
Banana, Pear & Mango	125g	315	74	0.2	0	16.2	13.7	2.1	0.9	<0.05
Apple	125g	211	50	0.1	0	11.2	10.7	1.7	0.2	<0.05
Pear	125g	231	55	0.3	0	11	9.1	3	0.5	<0.05
Apple & Blueberry	125g	213	50	0.1	0	11.2	10.6	1.7	0.3	<0.05
Apple & pear	125g	215	51	0.1	0	11.2	10.3	2	0.3	<0.05
Banana & Peach	125g	287	68	0.1	0	14.8	12.6	1.8	1	<0.05
Stage 1 'Just Fruit' Fruit Pots—from about 4 months										
Apple & Pear	4x100g	213	50	0.1	0	11.2	10.5	1.9	0.2	<0.05
Apple with Peach and Mango	4x100g	213	50	0.1	0	11.2	10.7	1.7	0.3	<0.05
Apple, Strawberry & Blueberry	4x100g	213	50	0.1	0	11.2	10.6	1.7	0.3	<0.05
Stage 1 Savoury Jars—from about 4 months										
Carrots & Potatoes	125g	134	32	0.1	0	5.8	3	2.2	0.8	0.1
Carrots, Cauliflower & Peas	125g	170	41	1.4	0.1	4.6	2.2	2.4	1.2	0.05
Tasty Vegetable Risotto	125g	368	88	3.9	1.7	10	4.2	1.4	2.5	0.1
Stage 1 100% Fruit Pouches—from about 4 months										
Apple-Pear-Banana	100g	253	60	0.2	0	12.9	11.3	2.2	0.5	<0.05
Apple-Banana-Strawberry	100g	229	54	0.1	0	11.9	10.9	1.8	0.5	<0.05
Banana-Pear-Mango	100g	315	74	0.2	0	16.2	13.7	2.1	0.9	<0.05
Apple-Mango-Peach	100g	233	55	0.2	0	12	11.5	1.8	0.4	<0.05
Apple-Peach-Blueberry-Raspberry	100g	208	49	0.1	0	10.8	10.2	1.7	0.4	<0.05
Plum-Blackcurrant & Pear	100g	237	56	0.3	0	11.3	9.4	2.9	0.6	<0.05
Pear, Banana & Kiwi (from 6 months)	100g	258	61	0.3	0	12.6	10.6	2.6	0.7	<0.05
Stage 1 Fruits and Cereal Pouches—from 6 months										
Apple-Blueberry-Banana muesli with yoghurt	100g	282	67	0.3	0	13.4	9.1	1.5	1.8	<0.05
Apple-Banana-Raspberry with wholemeal cereals	100g	275	65	0.2	0	14.2	10.3	1.4	0.9	<0.05
Cherry-Banana and Apple with wholemeal cereals	100g	291	69	0.2	0	15	11.3	1.5	1	<0.05
Apple & Peach Porridge	100g	275	65	0.6	0.1	13.2	7.1	1.2	1.1	<0.05
Mango with cereal in the fruit-mix	100g	293	69	0.6	0.1	14.2	8.6	1.3	1.1	<0.05
Stage 1 Savoury Jars—from about 6 months										
Cheesy Potato and Spinach Bake	125g	323	77	2.9	0.9	9.4	1.7	0.8	2.9	0.08
Cheesy Spinach & Potato Bake	125g	334	80	3.1	1	9.3	1.8	1	3.1	0.08
Spaghetti Bolognese	125g	257	61	2.1	0.4	7.6	2.4	1.4	2.3	0.05
Penne with Tomato & Courgette	125g	257	61	1.7	0.1	8.8	2.5	1.1	2.1	0.05
Sweet Squash & Chicken	125g	294	70	2.4	0.5	9.2	2.9	1.4	2.2	0.05
Vegetables with Rice & Chicken	125g	265	63	2.4	0.4	6.9	1.5	1.6	2.7	<0.05
Stage 2 Dried Breakfast Cereals - from about 7 months (values for dried product as sold)										
HiPP Organic Apple & Banana Swiss Style Muesli	200g	1556	368	3.2	0.7	69.6	17.8	10.6	10	<0.05
Hipp Multigrain Apple Porridge	200g	1808	429	11.8	3.9	64.6	30.4	3.8	14.3	0.55

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		kJ	kcal	g	g	g	g	g	g	g
Stage 2 Breakfast Jars—from 7 months										
Breakfast layer strawberry cereal topped with yogurt	160g	294	70	1.5	0.8	12	7	0.9	1.6	0.05
Breakfast layer tropical cereal topped with yogurt	160g	306	73	1.5	0.8	12.8	8.1	0.7	1.6	0.05
Creamy Porridge	160g	270	64	2.1	1.1	8.3	2.8	0.4	2.8	0.08
Stage 2 Savoury Jars—from about 7 months										
Spaghetti Bolognese	190g	279	66	2.1	0.4	8.5	1.9	1.3	2.7	0.05
Star Pasta with Butternut Squash & Chicken	190g	274	65	2.1	0.4	8.1	1.6	1	3	<0.05
Pasta Italiana with Ham	190g	310	74	3	0.9	8	1.9	1.3	3.1	0.2
Scrumptious Sunday Lunch	190g	276	66	2	0.4	9	1.2	1.2	2.3	0.05
Spaghetti with Tomatoes & Mozzarella	190g	291	69	2.4	0.7	8.4	2.8	1.1	3	0.08
Vegetable Lasagne	190g	299	71	2.8	0.7	8.6	2.4	1	2.4	0.05
Hearty Cottage Pie	190g	282	67	2	0.6	8.7	1.9	1.6	2.8	<0.05
Carrot, Salmon & Dill Risotto	190g	271	65	2.5	0.3	6.8	2.7	1.5	3	0.08
Cheesy Pasta Bake	190g	292	70	2.3	0.9	8.7	2.2	0.8	3.1	0.08
Vegetables with Noodles & Chicken	190g	283	68	2.5	0.5	7.4	1.8	1.5	3.1	<0.05
Stage 2 Dessert Jars—from 7 months										
Cocoa & Banana Dessert	160g	354	84	2.7	1.7	11.8	6.6	0.7	2.8	0.1
Rice Pudding with Apple & Pear	160g	252	59	0.2	0	13.1	7.7	1	0.8	<0.05
Fruit layer mango & banana topped with yogurt	160g	370	87	1.4	0.8	16.8	11.7	0.4	1.7	0.05
Strawberry & Raspberry Yogurt	160g	318	75	1.4	0.8	13.9	9.9	0.6	1.5	0.05
Stage 2 'Fruit & Pieces' Fruit Pots—from 7 months										
Apple & Banana with Apple pieces	4x100g	238	56	0.1	0	12.6	11.5	1.7	0.4	<0.05
Apple & Strawberry with pieces	4x100g	198	47	0.1	0	10.4	9.9	1.7	0.2	<0.05
Stage 3 Dried Breakfast Cereals - from about 10 months (values for dried product as sold)										
Hipp Organic Plum & Banana Muesli	250g	1565	371	4.7	0.8	66.8	13.2	8.5	11	<0.05
Stage 3 Savoury Jars—from 10 months										
Pasta Tomato Mozzarella	220g	308	73	2.5	0.7	8.7	3.4	1.4	3.3	0.08
Cheesy Spinach Tagliatelle	220g	335	80	3.1	1.3	9.4	2.3	0.6	3.3	0.08
Vegetables with Noodles & Chicken	220g	286	68	2.2	0.5	7.9	1.9	1.8	3.3	0.05
Risotto with Turkey & Vegetables	220g	295	70	2.8	0.4	8.2	1.3	1	2.6	<0.05
Stage 3 Tray Meals—from 12 months onwards										
Ravioli with Bolognese Sauce	230g	358	85	2.9	0.6	11.3	1.8	1.4	2.8	0.23
Paella with mixed vegetables & chicken	230g	352	84	2.8	0.6	10.4	1.1	1.7	3.4	<0.05
Vegetable Risotto	230g	304	72	2.3	1	10.1	2.4	1.2	2.2	0.05
spinach pasta bake with chicken	230g	300	71	2.3	0.6	8.6	1.3	0.9	3.6	0.08
Sweet Potato & Chicken	230g	292	70	2.3	0.5	8.8	2.3	1.6	2.6	0.08
creamy potato and salmon pie	230g	302	72	2.3	0.8	9	1.2	1.4	3.1	<0.05
Sweetcorn, Chicken and Ham Pie	230g	309	74	2.5	1	9.8	1.4	1.1	2.4	0.08
Shepherds Pie	230g	294	70	2.4	0.6	8.9	1.5	1.4	2.5	<0.05
Classic Spaghetti Bolognese	230g	306	73	2.1	0.5	10.1	1.5	0.9	2.9	<0.05
Hearty Vegetable & Beef Casserole	230g	291	70	2.9	1.1	7.8	1.4	1.3	2.4	<0.05
Scrumptious Lasagne	230g	338	80	2.6	0.7	10.3	2.1	0.9	3.5	0.08
Potato, Pumpkin & Chicken Scrumble	230g	293	70	2.8	0.6	7.9	1.6	1.3	2.6	0.23
Vegetable & Chicken Risotto with Peas	230g	323	77	2.6	0.6	9.4	1.3	1.4	3.3	0.23
Squiggly Spaghetti with tasty Tomato & Mozzarella Sauce	230g	354	84	2.8	1.3	10.1	1.7	1.1	4.1	0.1
Shell Pasta with Tomatoes & Courgettes	230g	342	81	2.7	0.3	11.2	2.3	1.1	2.5	<0.05
Alphabet Pasta with Sauce Bolognese	230g	292	70	2.4	0.5	8.8	1.5	1	2.7	<0.05
Baby Drinks—from 4 months										
Apple juice with mineral water	500ml	63	15	0.1	0	3.5	3.3	0	0	<0.05
Mixed fruit juice with mineral water	500ml	94	22	0.1	0	5.2	5	0	0.1	<0.05